

ZulekhaSpirit



The Voice of Zulekha Healthcare Group

July to December 2017 | Volume XVII



**ZULEKHA HOSPITAL
CELEBRATING
25 YEARS OF
COMPASSIONATE
CARE**

**ALEXIS MULTISPECIALITY HOSPITAL
ONE YEAR OF STANDING
UNITED FOR GOOD HEALTH**

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On behalf of the leadership team at Zulekha Healthcare Group, I take immense pleasure in extending our congratulations and gratitude to our employees, patrons, and partners on completion of 25 years of operations in the UAE and the first successful year of operations of Alexis Multispeciality Hospital in Nagpur, India. Keeping up our pioneering essence, the year saw the introduction of innovative concepts including our Cardiac Center of Excellence to facilitate high-risk treatments in the UAE and India, and the launch of the Radiation Therapy Unit and Stereotactic Radiosurgeries supported by renewed cancer treatments in India. With our new concept including Elder Care Clinic, we aim to reach out to the masses, engage and improve continuously to support their needs. Let's continue to inspire innovation. Happy New Year 2018!

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Mr. Taher Shams – Managing Director
Zulekha Healthcare Group

FROM EDITORIAL DESK

This edition of Zulekha Spirit, our half yearly newsletter is dedicated to our inspiring Founder and Chairperson, Dr. Zulekha Daud who carries immense pride in her organisation and people as we celebrate 25 years of compassionate care. Take a glimpse through the roundup of the last six months in this edition. With our leadership's constant support and encouragement we have innovative initiatives, celebrations and success stories to share and these have elevated and expanded our business operations in the UAE and India. This medium being one of our communication platforms enables the exchange of ideas and sparks minds to think big and manage the opportunities and challenges coming our way.

While you can enjoy reading through the printed version of our newsletter, you can also read it on our website www.zulekhahospitals.com

Happy reading!



ZULEKHA HOSPITAL LAUNCHED CARDIAC CENTER OF EXCELLENCE

Zulekha Healthcare Group launched its Cardiac Center of Excellence at Zulekha Hospital, Dubai and Sharjah in November 2017. Zulekha Hospital, Sharjah takes the pride in being the first private hospital in the Emirate of Sharjah offering these treatments. The department is now fully equipped to facilitate high-risk treatments.

Padma Shri and Padma Bhushan Award Winner Dr. Mohammad Khalilullah, Interventional Cardiologist from Nagpur, India visited and extended his best wishes to the team members of the new department.



ZULEKHA HOSPITAL LAUNCHED ONE-OF-A-KIND LIFESTYLE CLINIC

Zulekha Hospital launched a one-of-a-kind 'Lifestyle Clinic' in September 2017. The clinic aims to make health a priority for those in the UAE by offering patient consultations, health reviews and assessments of diet, lifestyle and exercise. The clinic was inaugurated by HE Navdeep Singh Suri, Indian Ambassador to the UAE at the Sharjah facility.

The clinic, which is open every day of the week for the community, is exclusively focusing on dietetics, bariatric, endocrinology and psychiatry. It is available to everyone who wish to make a lifestyle change and need support in doing so. It is also suitable for those who are concerned about diet, exercise, lifestyle choices, facing pressure or stress at work or at home, experiencing fatigue, or for smokers seeking support to quit.



PINK IT NOW BREAST CANCER AWARENESS CAMPAIGN

Zulekha Hospital launched its sixth edition of Pink It Now, a Breast Cancer Awareness Campaign at Pallazo Versace, Dubai in October, 2017. The event was highlighted by the launch of 'Pink Knights', a mobile app for Apple and Android users. The campaign was inaugurated in the presence of HE Humaid Al Qatami, Chairman of the Board and Director General of Dubai Health Authority (DHA); Dr. Marwan Mohd Al Mulla, Director Health Regulations, DHA; Dr. Hussain Abdul Rahman Al Rand, Assistant Undersecretary of Health Centers and Clinics Sector, Ministry of Health & Prevention; HE Khalifa Hassan Aldrai, Executive Director, Dubai Corporation Ambulance Services; Dr. Layla Al Marzouqi, Director - Dubai Medical Tourism Project, DHA, Shri Vipul, Consul General of India, and many other esteemed guests.

As always, the 'Pink It Now' campaign aims to raise awareness about breast cancer, the importance of early detection and the benefit of regular check-ups.



ZULEKHA HEALTHCARE GROUP COLLABORATES WITH AIR ARABIA AS PREFERRED MEDICAL TOURISM PARTNER

Zulekha Healthcare Group collaborated with Air Arabia as its preferred medical tourism partner for its India-based subsidiary, Alexis Multispeciality Hospital in August 2017. The collaboration was marked with the launch of an exclusive healthcare kiosk for medical tourists at Zulekha Hospital, Sharjah in the presence of Dr. Zulekha Daud, Chairperson, Mrs. Zanubia Shams, Co-Chairperson and Mr. Taher Shams, Managing Director from Zulekha Healthcare Group and Mrs. Shalini Rajan, Head of Sales, Air Arabia in Sharjah, UAE.

ZULEKHA MEDICINE AND MEDICAL EQUIPMENT STORE LLC COLLABORATES WITH GULF INJECT

Zulekha Medicine and Medical Equipment Store LLC in collaboration with Royal Care Medical Equipment Trading LLC signed an exclusive distributorship with Gulf Inject, a Julphar company - the region's leading pharmaceutical manufacturer for the UAE region, in August 2017.

The Gulf Inject plant provides world-class intravenous (IV) fluids manufacturing facility locally, in technical collaboration with Fresenius AG, Germany since 1994. Today it has established itself as a leader in Fluid Management therapy in the MENA region. Royal Care Medical Equipment Trading LLC is a renowned brand procuring and distributing reliable and high quality medical products for the region's healthcare providers.

Such growing partnerships with leading healthcare partners is sure to enhance capabilities of Zulekha Medicine and Medical Equipment Store LLC in supporting the larger healthcare eco-system in the UAE.





ZULEKHA HEALTHCARE GROUP COLLABORATES WITH UBER TO PROMOTE HEALTHY HEART

Zulekha Healthcare Group and Uber have joined hands to safeguard the health and well-beings of drivers in November 2017. This collaboration comes with free cardiac health tests for drivers anytime at Zulekha Hospital, Dubai and Sharjah. The aim is to protect the lives of these individuals who facilitate the convenient mobility of thousands of commuters every day.

Heart disease is often mistaken for the normal signs of gastric, aging, physical strain that is assumed to be relieved by a pain killer and sometimes there may even be no noticeable symptoms. The health risks associated with the stress one undergoes while on road for over 10 hours can be nerve-wracking. The health checks are a provision for the drivers to be aware of the risks associated with a potential condition and enable them to take steps to mitigate or reverse them before a fatality occurs.

ZULEKHA HEALTHCARE GROUP COLLABORATES WITH JET AIRWAYS TO PROMOTE HEALTH AND WELLNESS

Zulekha Healthcare Group collaborated with Jet Airways for facilitating better medical and travel services in various destinations across the globe in October 2017.

The partnership agreement was signed in the presence of Mr. Taher Shams, Managing Director of Zulekha Healthcare Group, Mr. Shakir Kantawala, Vice President, Gulf Middle East & Africa and Mr. Anil Srinivasan, General Manager Dubai and Northern Emirates of Jet Airways.





ZULEKHA HOSPITAL HONOURED AT ARABIA CSR AWARDS 2017

Zulekha Hospital was awarded for a second consecutive year in large business category at the Arabia CSR Awards in September 2017. The Arabia CSR Awards is the Arab region's premiere CSR and Sustainability accolade.

Zulekha Hospital takes pride in the accomplishment as the organisation's efforts towards Corporate Social Responsibility and the community have been recognised. It motivates us to further our efforts in CSR and contribute towards achieving the sustainability development goals set up by United Nations.



DAMAN CORPORATE HEALTH AWARDS RECOGNISES 'NO MORE EXCUSES' CAMPAIGN

Zulekha Hospital's unique CSR initiative 'No More Excuses' was recognised among the top health and wellness initiatives by Daman Corporate Health Awards in October 2017. The awards aim to recognise innovative initiatives that contribute to the overall health and well-being of communities.

'No More Excuses' campaign is aimed to create that push to the community to take care of their health and be responsible individuals.



ZULEKHA HOSPITAL AWARDED AT CNME'S ICT ACHIEVEMENT AWARDS

Zulekha Hospital wins 'Healthcare Deployment of the Year' at CNME's ICT Achievement Awards in October 2017. The awards recognise individuals and organisations that have delivered ground-breaking business value through the innovative application of technology.

The winners were determined by a stringent voting system on nominations received. Zulekha Hospital stood out as the most innovative and business-driving technology leader in the healthcare category.





ZULEKHA HOSPITAL AWARDED AT ICMG ARCHITECTURE WORLD SUMMIT 2017

Zulekha Hospital adds yet another award to its never-ending list of accolades and recognitions with the achievement of “Best Enterprise IT Architecture in Healthcare” at the Enterprise & IT Architecture Awards held at ICMG Architecture World Summit 2017 at Washington D.C. in September 2017.



INTERNATIONAL HOUSEKEEPING WEEK

Zulekha Hospital celebrated the International Housekeeping Week in a grand way recognising the commitment and hard work of our housekeeping team. The week is observed around the world from 10 to 16 September each year.

Marking the celebrations, the staff were rewarded with personalised gifts of appreciation and awards.



ANNUAL DOCTORS' PARTY

Staff members from Zulekha Hospital, Dubai and Sharjah got together over a cheerful evening at the Doctors' Party in December 2017 at the Kempinski Hotel & Residences, Dubai Palm Jumeirah. Internal and visiting doctors took the opportunity to meet and network while enjoying their sumptuous dinner alongside games, a fire show and other fun activities.



MEETING WITH HE SALAH BIN BUTTI AL MUHAIRI

Commemorating 25 successful years in the UAE, Dr. Zulekha Daud, Founder and Chairperson, Mr. Taher Shams, Managing Director and Mr. Shakil Adil, Senior Director, Engineering met HE Salah Bin Butti Al Muhairi, Advisor at the Sharjah Directorate of Town Planning and Survey, and Khalid Bin Butti Al Muhairi, Chairman of Sharjah Department of Town Planning and Survey to memorialise the milestone.



MEETING WITH HE MOHAMMAD AL OLAMA

Commemorating 25 successful years in the UAE, Founder & Chairperson, Dr. Zulekha Daud along with Dr. Adil Daud, HS Clinical Professor, Department of Medicine (Hematology/Oncology), UCSF; Director, Melanoma Clinical Research, UCSF extended their gratitude to HE Mohammad Al Olama, Undersecretary at Ministry of Health & Prevention – UAE

MEETING WITH BRIGADIER SALEM KHALIFA AL RUMAITHE

Commemorating 25 successful years in the UAE, Mr. Taher Shams, Managing Director and Mrs. Zanubia Shams, Co-Chairperson extended their gratitude to the region's supporting authorities by meeting with Brigadier Salem Khalifa Al Rumaithe, Director of the General Department of Criminal Investigation, Dubai Police.





MEETING WITH HE SHEIKH SULTAN BIN AHMED AL QASSIMI

Commemorating 25 successful years in the UAE, Mr. Taher Shams, Managing Director of Zulekha Healthcare Group meet HE Sheikh Sultan Bin Ahmed Al Qassimi, Chairman of the Sharjah Media Corporation & Chairman of Sharjah Media Centre.



MEETING WITH HE ALI SALIM AL MIDFA

Commemorating 25 successful years in the UAE, Mr. Taher Shams, Managing Director and Mrs. Zanubia Shams, Co-Chairperson extended their gratitude to HE Ali Salim Al Midfa, Sharjah Airport Authority Chairman.



MEETING WITH HE DR. AMIN ALAMIRI

Commemorating 25 successful years in the UAE, Mrs. Zanubia Shams, Co-Chairperson along with Dr. Ramesh Raju, Senior Director – Administration at Zulekha Hospital extended their gratitude to HE Dr. Amin Alamiri, Asst. Undersecretary at Ministry of Health – UAE.

ASIAN BUSINESS LEADERSHIP FORUM (ABLF)

Mrs. Zanubia Shams, Co-Chairperson of Zulekha Healthcare Group was among the esteemed leaders attending the Asian Business Leadership Forum (ABLF) series, an influential leadership platform that celebrated a successful and impactful 10th Anniversary at Dubai in November, 2017. Senior delegations from Asia and the UAE met at the forum and exchanged dialogues over multiple topics of socio-economic interests.



UAE-INDIA PARTNERSHIP SUMMIT

Zulekha Hospital is one of the proud partners at the UAE-India Partnership Summit. A pre-event dinner meet for key business leaders was organised by the Business Leaders Forum in October 2017. Mr. Taher Shams, Managing Director met key delegates from the Indian Government. Zulekha Hospital is grateful to the Indian Embassy and Consulate General of India in Dubai, UAE for the valued collaboration and giving an opportunity to contribute to our nation's economic developments.

BOOK LAUNCH BY DR. ZULEKHA DAUD AT SHARJAH INTERNATIONAL BOOK FAIR

Dr. Zulekha Daud, Founder and Chairperson of Zulekha Healthcare Group launched a book dedicated to late Ms. Haseena, a member of the Team India Special Smiles Group at the Sharjah International Book Fair. The event honoured many differently-abled, talented children for their determination. Mr. Ahmed Mohamad Hamad Al Midfa, Chairman Expo Centre Sharjah and Board Member of the UAE Federation of Chambers of Commerce and Industry and Shri. Vipul, Consul General India in Dubai - Consulate General of India, Dubai were among the dignitaries' present.





INDIAN INDEPENDENCE DAY CELEBRATION

Dr. Zulekha Daud, Chairperson of Zulekha Healthcare Group joins the Indian Independence Day celebrations with Shri. Vipul, Consul General of India in Dubai, and Mr. Navdeep Singh Suri, Indian Ambassador to the UAE in August 2017. Guest of honour His Excellency Sheikh Nahyan bin Mubarak Al Nahyan, Minister of Culture, Youth and Development, UAE addressed the audience on the occasion and wished the Indian and the UAE citizens and residents many more successful years together.

WOMEN EMPOWERMENT PANEL AT SKYLINE UNIVERSITY COLLEGE

Dr. Zulekha Daud, Chairperson of Zulekha Healthcare Group addressed the young women at Skyline University College, Sharjah, speaking on women empowerment. Dr. Daud was invited to share her unparalleled legendary experiences as a woman entrepreneur and motivate the younger generation. Her message of empowerment encouraged both genders to complement each other to nurture healthy communities.



HEALTHCARE PHILIPPINES 2017

Zulekha Hospital participates at the Healthcare Philippines in July 2017 to employ qualifying Filipino healthcare professionals. Ms. Vijaya Sen, HR Director presented to a large audience on international opportunities in the UAE healthcare sector. With our existing facility expanding, Zulekha Hospital, Dubai is expected to add more skilled manpower in all clinical areas.





BMJ CAREER FAIR 2017

Zulekha Hospital participated in BMJ Careers Fair 2017 in London to attract medical professionals from UK. BMJ is one of the oldest medical journals and is an exhibitor of career fairs for Doctors inviting hospitals from UK, Canada, Denmark, Australia & Middle East to exhibit their opportunities. To create awareness and attract UK Doctors, Ms. Vijaya Sen, Director HR conducted a seminar on International opportunities in Dubai. Ms. Sen spoke on licensing requirements of DHA/MOH, perks & benefits of working in tax free zone.

ARAB HEALTH RECRUITMENT FAIR AND TRAINING SHOW

Zulekha Hospital participated in Arab Health Recruitment Fair and Training Show between 27th and 29th October, 2017 at ADNEC, Abu Dhabi, UAE. The three-day fair saw an overwhelming response from participants with many deserving candidates who earned employment opportunities in the group.



MEDIC WEST AFRICA HEALTHCARE EXHIBITION & CONFERENCES

Zulekha Healthcare Group participated in the Medic West Africa - Healthcare Exhibition & Conferences that took place in Nigeria from 11th to 13th October 2017.



MEDICA - TRADE FAIR

Zulekha Hospital team along with Mr. Taher Shams, Managing Director and Mrs. Zanubia Shams, Co-Chairperson visited MEDICA – Trade Fair between 3rd and 16th November, 2017 in Düsseldorf, Germany. MEDICA – Trade Fair is one of the largest exhibition of healthcare professionals, involving international experts and decision-makers sharing their best practices, offering latest developments in the sector, and providing networking opportunities to participants through forums and conferences.



NATIONAL BREASTFEEDING WEEK

On the occasion of National Breastfeeding Week (5th-9th Nov) themed "Sustaining Breastfeeding Together", Breastfeeding Friends Association, a health-supporting association under the Sharjah Supreme Council for Family Affairs invited Dr. Zulekha Daud, Founder and Chairperson of Zulekha Healthcare Group for a MoU signing ceremony.

Dr. Daud and Engineer Khawla Abdul Aziz Al Noman, Director General of the Department of Public Works in Sharjah and President of the Association signed a MoU encouraging breastfeeding as an initiative to ensure health and safety of infants. The ceremony was attended by Mr. Iman Rashid Saif, Director of the Health Education Department, community leaders and medical professionals from public and private health institutions. Dr. Mohammad Khalilullah, Interventional Cardiologist, a Padma Shri and Padma Bhushan Award Winner was also present on the occasion.

Celebrating the week-long initiative, the Nursing team engaged in educating mothers on the significance of breastfeeding with activities and educational leaflets distributed to families at Zulekha Hospital.





INTERNATIONAL INFECTION PREVENTION WEEK

Zulekha Hospital celebrated the Global Handwashing Day and International Infection Prevention Week (IIPW) between 15th and 21st October, 2017 at both Dubai and Sharjah facilities. The team engaged the visitors along with their young ones about practicing cleanliness and preventing infections.

Each year the third week of October is dedicated to infection prevention, aiming to raise the profile of infection prevention and highlight the crucial role infection prevention plays in improving the quality and patient safety in healthcare.

BLOOD DONATION DRIVE

Zulekha Hospital successfully wrapped up another blood donation campaign with 44 volunteers collectively donating 20 litres of blood at the mobile donation camp. The initiative was organised by Zulekha Hospital in association with Ministry of Health & Prevention and Sharjah Blood Transfusion and Research Center in November 2017.

Through a series of CSR campaigns with the objective of giving back to the community, Zulekha Hospital's events encourage members of the public to come forward and make a difference in people's lives.



GET BACK TO GOOD SHAPE

OBESITY CAN BE TREATED

Obesity is not just a matter of cosmetic concern. It increases your risk of developing serious health problems. Bariatric procedure at Zulekha Hospital helps you get back to good health and great shape. Call us today to meet our specialists. For more information, write to info@zulekha-hospitals.com



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Zulekha Hospital
Your Health Matters



COFFEE O' CLOCK WITH MD

In sync with a novel thought by our Managing Director Mr. Taher Shams on connecting with each and every employee of Zulekha Healthcare Group, the HR department had come up with the concept of 'Coffee o' clock with MD'. The open forum has already set a platform for staff members to express their ideas, suggestions and concerns directly to the Core Management. This initiative also aims to promote employee friendly work environment that leads better business results.

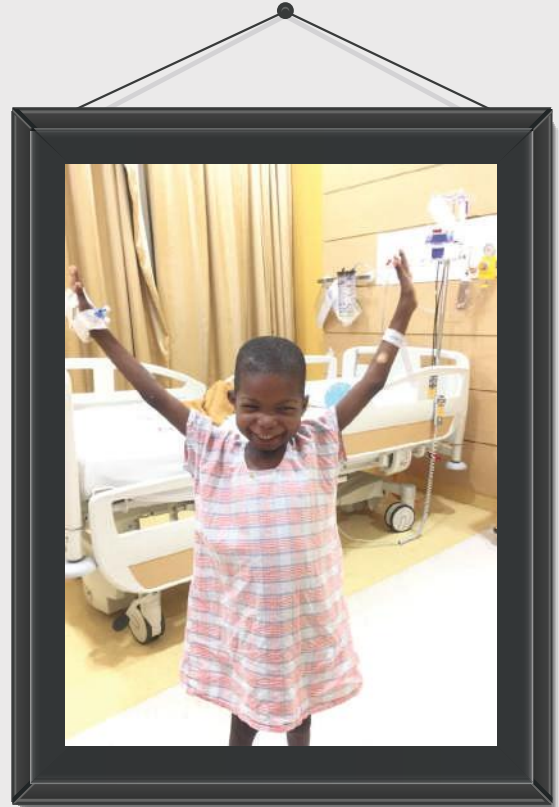




ZULEKHA HOSPITAL SUCCESSFULLY HELPS SIX-YEAR-OLD TRAUMA VICTIM WALK AGAIN

A six-year-old boy had undergone life-changing spinal surgery at Zulekha Hospital in Sharjah that has enabled him to walk again after he was confined to a wheelchair for the past three years. The child, Ali (pseudo name), lost his ability to walk after suffering major trauma when he was run over during attacks by an extremist group in 2014.

Ali was flown from Nigeria to the UAE by Dickens Sanomi Foundation who collaborated with Global Initiative for Peace, Love and Care (GIPLC) in order to undergo the life-changing surgery. The boy survived the corrective surgery and defied doctors' belief after walking just seven days after the major surgery and has since been deemed a 'miracle child'.



UAE HOLIDAY PACKAGE GIFTED TO YOUNG CANCER SURVIVORS FROM INDIA

Zulekha Healthcare Group and Air Arabia joined hands with Sharjah Tourism Authority to fund an all-expenses paid holiday trip to the UAE for two children and their families from India. The two children, Chirag Sadan and Prathik Khushal Thakre, aged 17 and 16, both courageous cancer survivors who have undergone successful treatment at Alexis Multispeciality Hospital arrived in Sharjah and were received by the Sharjah Tourism Authority representatives.

The trip is part of the Group's 'Dreams of Desire' campaign to provide positive experiences and build memories for those who have been through traumatic and life threatening situations. As a part of the trip, the families met with His Excellency Khalid Jasim Al Midfa, Chairman of Sharjah Commerce and Tourism Development Authority, Dr. Zulekha Daud, Founder and Chairperson, Mr. Taher Shams, Managing Director, Mrs. Zanubia Shams, Co-Chairperson of Zulekha Healthcare Group and Mrs. Shalini Rajan, Head of Sales, Air Arabia.



DOCTORS SAVE BABY WITH LIFE THREATENING SECOND DEGREE BURNS

An 18-month old baby girl was rushed to Zulekha Hospital in Sharjah to treat potentially fatal second degree burns to the face, neck and chest (17%). The incident occurred after the baby accidentally tipped a jug of scalding hot tea on herself. Triggered by the burns, the girl went on to suffer a seizure and respiratory depression resulting in the baby needing to be intubated to save her life.

With few facilities to take on the case, Dr. Shoukat Ali Memon, Specialist Paediatrician at Zulekha Hospital in Sharjah – who has 25 years of experience in the field of Paediatrics – was able to attend to the baby immediately using the hospital’s specialist equipment that ultimately saved her life. The baby’s parents will continue to bring the girl into the hospital for regular check-ups while she recovers and heals from the trauma.

INDIAN EXPAT REGAINS NORMAL LIFE AFTER SUCCESSFUL TREATMENT OF SYSTEMIC LUPUS ERYTHEMATOSUS (SLE)

Zulekha Hospital recently helped an Indian expat to regain her normal life and health after suffering with Systemic Lupus Erythematosus (SLE) since 2008.

Ms. Roshni Jai Ramdas, a 39 years old expat living in the UAE was initially treated with steroids after being diagnosed with SLE, also known simply as lupus, which is an autoimmune disease in which the body’s immune system mistakenly attacks healthy tissue in many parts of the body.

As the disease continued to hit her Kidneys in spite of several medications, renal biopsy was done and showed class 4 Lupus Nephritis. She started on Renal Replacement Therapy in Zulekha Hospital’s Dialysis unit with hemodialysis sessions for 4 hours, 3 times a week. She was later advised for a Renal Transplant which took place in a hospital at Bangalore in India.

One month after the transplant, she returned back to Dubai to be followed up at Zulekha Hospital in Dubai under the supervision of Dr. Alind Kumar, Nephrologist at Zulekha Hospital, Dubai. Ms. Roshni is currently on regular follow-up with Zulekha Hospital and she visits the dialysis unit whenever she gets time to encourage other patients to not give up, but to go for kidney transplant if no contraindication exists.





Pink It Now, a Breast Cancer Awareness Talk was conducted by Dr. Farzeen Bajwa at the Head Office of Souq.com in September 2017.



Pink It Now, a Breast Cancer Awareness Talk was conducted by Dr. Pamela Munster at Swiss Business Council in October 2017.



Pink It Now, a Breast Cancer Awareness Talk was conducted by Dr. Kirti Agrawal at MKM Group in October 2017.



Pink It Now, a Breast Cancer Awareness Talk was conducted by Dr. Farida Firoz at Virgin Megastore/Media One in October 2017.



Pink It Now, a Breast Cancer Awareness Talk was conducted at Du office in October 2017.



Pink It Now, a Breast Cancer Awareness Talk was conducted by Dr. Namita Pawar at Delhi Private School in October 2017.



Dr. Hussam Khanjar from Zulekha Hospital, Dubai conducted a Health Awareness Talk on Infection Control at Dubai Corporation For Ambulance Services (DCAS) in August 2017.



Ms. Amal Mustafa Al Refai from Zulekha Hospital, Dubai in coordination with Inayah Insurance conducted a Health Awareness Talk on Nutrition and Healthy Diet at Shobha Group in August 2017.



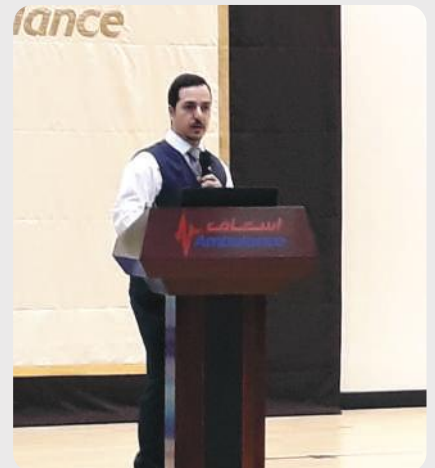
Dr. Hamid Nawaz Ali Memon from Zulekha Hospital, Dubai conducted a Health Awareness Talk on Diabetic problem at Dubai Corporation For Ambulance Services (DCAS) in September 2017.



Mrs. Nafeesa Ahmed from Zulekha Hospital, Sharjah conducted a Health Awareness Talk on Nutrition at Delhi Private School in September 2017.



Dr. Haseeb Ali from Zulekha Hospital, Dubai conducted a Health Awareness Talk on Stress Management and Depression at Dubai Corporation For Ambulance Services (DCAS) in October 2017.



Dr. Ghassan Qahtan Dawood from Zulekha Hospital, Dubai conducted a Health Awareness Talk on Weight Management at Dubai Corporation For Ambulance Services (DCAS) in November 2017.



Dr. Shyam Babu Chandran and Dr. Shanitha Fathima from Zulekha Hospital, Dubai delivered a Health Awareness Talk on Headache and Women's Health at TAPAS (Thaliparamba Pravasi Association) in December 2017.




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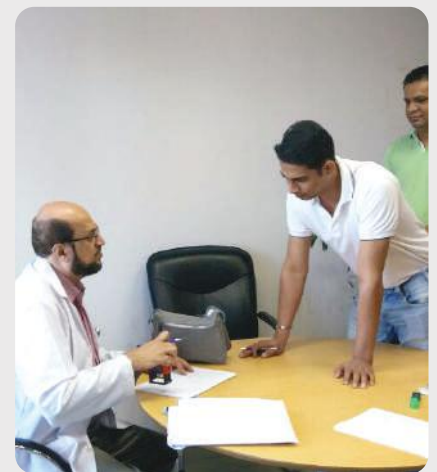
Zulekha Hospital
Your Health Matters



Zulekha Hospital conducted a general Blood Sugar, BP & BMI Medical Checkup Camp at NoorTakaful Insurance company in September 2017.



Zulekha Hospital with the support of Dr. Gaber Abdulla Ali conducted a general ECG, BMI & Glucose Medical Checkup Camp Sharjah Sports Club in October 2017.



Zulekha Hospital with the support of Dr. Mohammed Nayyar organised a Vaccination Camp at Saipem in October 2017.



SHUN THOSE CANCER STICKS

Born in the beautiful world - so tender, so pure, so serene,
Over the years, you've blazed in the fumes of nicotine.

This life, so precious, is a blessing to adore,
No stress can be that grueling, that life you ignore.

A plethora of odds, already for you to endure,
Don't add to the extant list of woes, one more.

Heard that, read that, known that cancer's a silent sinister, no wonder,
And there you are -welcoming it with a red carpet, did u ever ponder?

Scary its name, with pain and agony, cancer's in cumber,
And you want to swap it with your peaceful slumber?

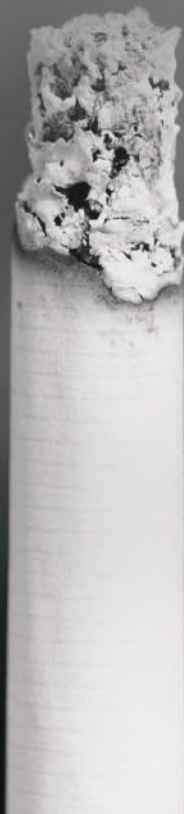
None of coercion can compel you, for sure,
It's your own wisdom that can keep you off the lure.

Rejoice every moment; take every breath with gratitude,
Your loved ones will be there with you, in your solitude.

The story of your life, you yourself have to write,
Make sure you don't run out of ink, so quick!
Arise, awake, my friend, my pal.
And shun those dreadful, cancer sticks.



Dr. Namita Pawar
Specialist Obstetrician and Gynecologist
Zulekha Hospital, Sharjah



HELP YOUR PARENTS STAND ON THEIR FEET



Don't let joint pain snatch the beautiful moments away from your parents. Meet our highly experienced specialists for comprehensive orthopaedic care and rehabilitation services in a state-of-the-art environment. After all, your loved ones deserve the best care.

**Arthroscopic Surgeries | Replacement Surgeries | Spine Surgeries | Trauma | Fractures
Arthritis | General Orthopaedics**



ALEXIS MULTISPECIALITY HOSPITAL TURNED ONE

Alexis Multispeciality Hospital turned 1 in November 2017, and it has been a very successful year since inception. The doctors, nurses and managing team members believes in quality of health and will continue to ensure wellness in the community.

Because the story of Alexis is also the story of passion of a team of individuals inspired by Dr. Zulekha Daud, Founder & Chairperson of Zulekha Healthcare Group. As Alexis Multispeciality Hospital's success story turns 1, we take this opportunity to thank our patrons and well-wishers for their contribution to our success.

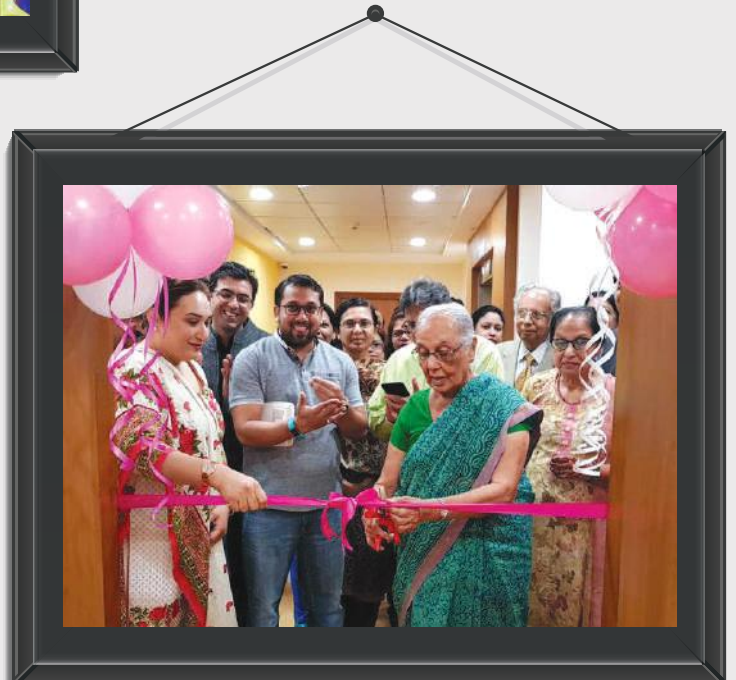


CENTRAL INDIA'S FIRST SENTINEL LYMPH NODE BIOPSY AT ALEXIS

Alexis Multispeciality Hospital becomes the first to launch a new Breast Cancer Treatment called Sentinel Lymph Node Biopsy for residents of Central India. It is a latest advancement in breast cancer surgery for early breast cancer patients. The nodes are rapidly evaluated by pathologist by frozen section analysis to check for cancer. The launch of this new treatment module was covered by publications like The Hitavada, Dainik Bhaskar and Navbharat.

ALEXIS LAUNCHES MOTHER AND CHILD CARE DEPARTMENT

Dr. Zulekha Daud, Chairperson along with Mrs. Zanubia Shams, Co-Chairperson of Zulekha Healthcare Group along with Dr Jatinder Arora, Director Administration, Alexis Hospital inaugurated the Mother and Child Care Department at Alexis Multispeciality Hospital in Nagpur. Padma Shri and Padma Bhushan Recipient Dr. Mohammad Khalilullah was present for the inaugural ceremony. The department offers complete care to mothers and new borns under one roof.





PINK IT NOW BREAST CANCER AWARENESS CAMPAIGN

Alexis Multispeciality Hospital launched its first edition of the Pink It Now, a Breast Cancer Awareness Campaign at Hotel Radisson Blu, Nagpur in October, 2017. The event was launched in the presence of Dr. Panna Akhani, Director/Secretary Women's Education Society, Nagpur, Mrs. Zanutia Shams, Co-Chairperson of Zulekha Healthcare Group and Dr. Pamela Munster, Pink It Now - Cause Ambassador. The campaign was supported by Indian Cancer Society, Nagpur. Dr Girish Ji Gandhi, Hon. Chairman, ICS along with other ICS members graced the event. Also present were the Cancer survivors who shared their experiences with the audience.

The event was highlighted by the launch of 'Pink Knights', a mobile app for Apple and Android users. The Pink It Now campaign aims to raise awareness about breast cancer, the importance of early detection and the benefit of regular check-ups.



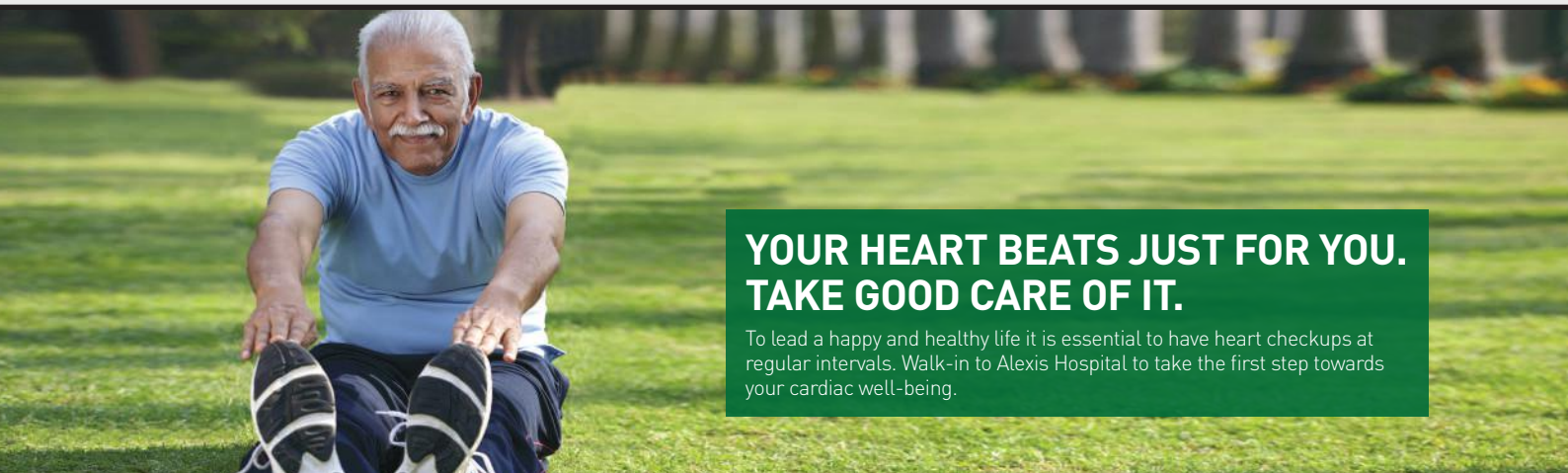
ALEXIS LAUNCHES 'EVERYDAY WARRIORS', A CANCER SUPPORT FORUM

As part of the CSR activities in promoting cancer awareness, Alexis Multispeciality Hospital launched 'Everyday Warriors', a cancer support forum. The launch event was organised with a motive to salute and encourage the survivor's spirit. More than 20 cancer survivors participated in the cultural activities and 10 of them shared their survivorship journey to boost the spirit for others. The event had a gathering of over 330 guests.



ALEXIS CONDUCTS LIVE DEMONSTRATION ON ORAL REHYDRATION THERAPY

The Department of Paediatrics & Neonatology at Alexis Multispeciality Hospital in coordination with Indian Academy of Paediatrics organised a presentation and live demonstration on Oral Rehydration Therapy. This was part of nationwide campaign on ORS, coined as Only Rational Solution by central body of Indian Academy of Paediatrics.



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ALEXIS CELEBRATES WORLD ARTHRITIS WEEK

Alexis Multispeciality Hospital organises a walkathon themed as 'Let's Treat Arthritis' on the occasion of World Arthritis Day. 23 patients who had undergone Total Knee Replacement procedure joined us for the walk in the presence of Shri Babanrao Ji Deshmukh, President of East Vidarbha Region(FESCOM) along with Dr. Smruti Ramteke, Consultant Rheumatologist at Jasleen Hospital, Nagpur.



ALEXIS LAUNCHED LYMPHOMA AWARENESS WEEK

More than 1,000,000 people around the world live with Lymphoma and 1,000 are diagnosed every day. As part of hospital's ongoing corporate social responsibility, the Oncology Department at Alexis Multispeciality Hospital in association with Intas Pharmaceuticals launches the Lymphoma Awareness Week with the motive to encourage early detection and prevention of Lymphoma.

Dr. Amol Dongre, Medical Oncologist at Alexis, along with Dr. Jatinder Arora, Director Administration and Mr. Suraj Tripathi, Director Operations inaugurates the initiative. 3 survivors along with the entire oncology nursing team were felicitated on the occasion.

ALEXIS CELEBRATES NATIONAL NUTRITION WEEK

The Nutrition & Lifestyle Management Department organised a cookery competition on "Healthy Snacks for Kids" for the Alexis staff on the occasion of National Nutrition Week. 20 enthusiastic members from various departments participated in the event. Dr. Jatinder Arora, Director Administration and Mr. Suraj Tripathi, Director Operations along with Ms. Asha Gajbhiye, Sr. Manager-Quality and Capt. Neelu Joshi, Nursing Head judged the dishes on the basis of presentation concept, nutrition value and the slogan explaining the dish.



ALEXIS CELEBRATES WORLD PHARMACIST DAY

The pharmacy department at Alexis Multispeciality Hospital celebrated World Pharmacist Day in the presence of Dr. Mina Shelgaongar, Senior Research Consultant, CIIMS, Nagpur as the chief guest during the event. The management team along with the doctors shared their views on the important role and value of having well trained and experienced pharmacists.



ALEXIS CELEBRATES 71ST INDEPENDENCE DAY

Freedom is in the heart. Freedom is in thoughts. Freedom is to live and to let live peacefully. Alexis Multispeciality Hospital, Nagpur celebrated the 71st Independence Day with lot of fervour and enthusiasm. The National Flag was hoisted by the Executive Management of Zulekha Healthcare Group and the National Anthem sung along with the staff members who were present for the celebrations. The program concluded by a disciplined drill march by the security personnel.

ALEXIS CELEBRATES ENGINEERS DAY

The Engineering community across India celebrated 'Engineers Day' on 15 September 2017 under the theme "Role of Engineers in a devolping India". Alexis team acknowledged the efforts of the engineers in having built one of the advanced multispeciality hospital in the Central India.





ALEXIS CELEBRATES CHRISTMAS DAY

On the occasion of Christmas, Alexis Multispeciality Hospital organised 'Deck up the Workspace', an inter-departmental competition. Mr. Zoaib Nomani, Vice President along with Dr. Jatinder Arora, Director Administration and Mr. Suraj Tripathi, Director Operations were the judges for the competition. An encouraging 24 participants took part from all departments. Cheers to the Engineering Team for grabbing the first prize.

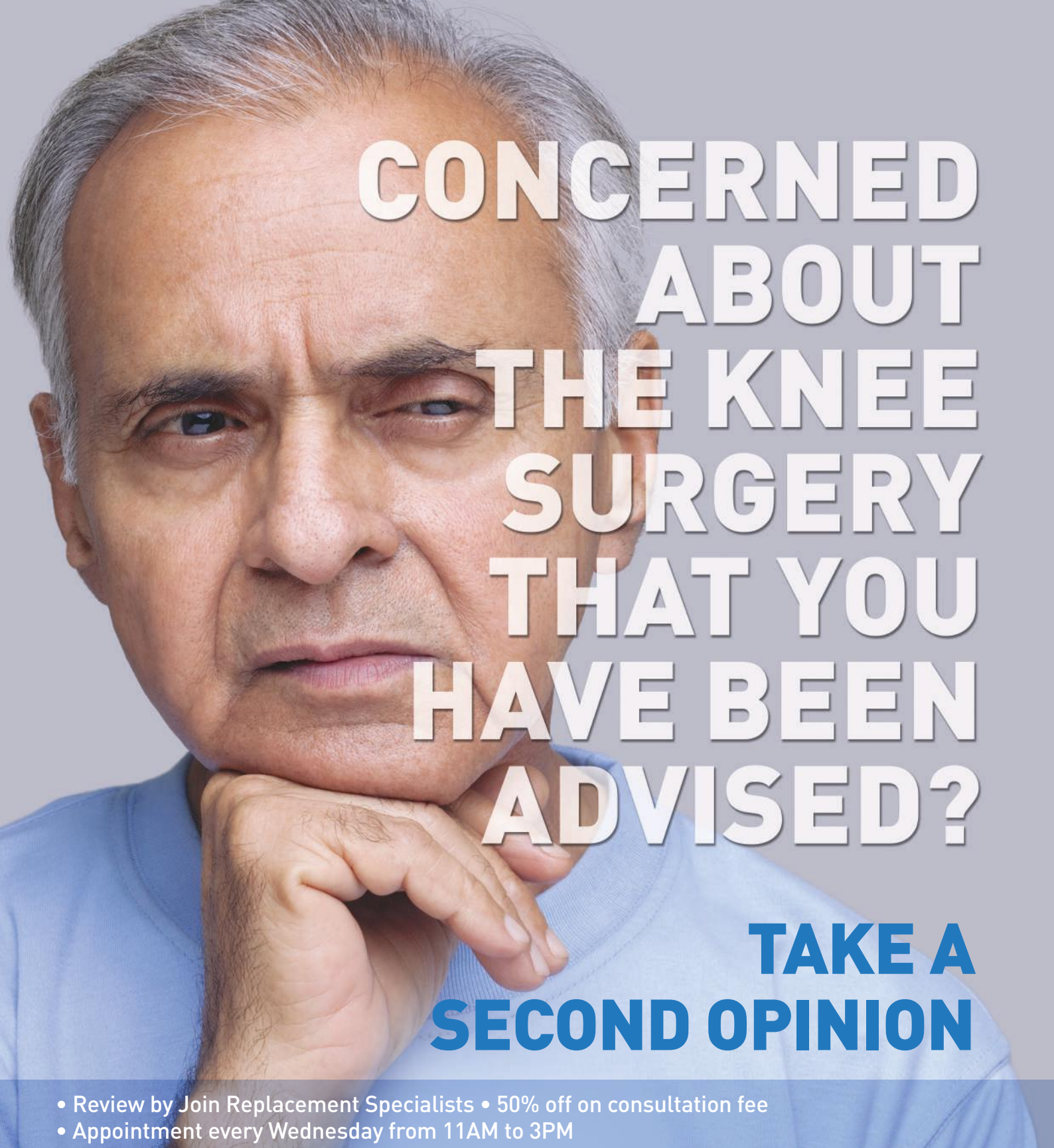
ALEXIS CELEBRATES DOCTORS' DAY

Alexis Multispeciality Hospital in association with The Times Group had an evening of enjoyment and relaxation on the occasion of Doctors' Day. Live Orchestra along with few games was the highlight of the celebration.



ALEXIS PARTICIPATES IN LIONS CLUB CHARITABLE EVENT

Alexis Multispeciality Hospital participated in Akhil Bhartiya Hasya Kavi Sammelan, a fund raising charitable event for the cancer treatment of under privilege kids organised by Lions Club Nagpur. Mr. Suraj Tripathi, Director Operations, was a part of the stage program. The event witnessed a gathering of more than 2000 members.



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Alexis Multispeciality Hospital organised a Health Awareness Talk for the female teaching staff of SB Jain Engineering College. Dr. Suraj Agrawal, Consultant - Surgical Oncology addressed the audience on the symptoms, prevention and detection of Breast Cancer.



Alexis Multispeciality Hospital organised a Health Awareness Talk for the students of Bhartiya Vidya Bhawans Schhol, Ashti, Nagpur. 200 plus students from 5 sections of grade 4th and 5th were educated and made aware on the importance of nutrition and hygiene by Dr. Bhaskar Gupta, Consultant - Paediatrics & Neonatology



Alexis Multispecialty Hospital with the support of Dr. Shweta Bhandarkar, Associate Consultant - Paediatrics & Neonatology delivered an Educational Talk for the students of Edify School, Nagpur. 65 plus students from grade 8th to 10th attended the seminar and gained knowledge on Importance of Nutrition and Vitamin in daily life.



Alexis Multispeciality Hospital organised a Health Awareness Talk for the students of Sandipani School, Nagpur. 50 plus students were educated and made aware on the importance of Hygiene and Nutrition by Dr. Bhaskar Gupta, Consultant - Paediatrics & Neonatology



Alexis Multispeciality Hospital organised a Health Awareness Talk for the female teaching staff at Poddar International School, Nagpur. Dr. Suraj Agrawal, Consultant - Surgical Oncology educated 30 female teaching staff on Early detection and prevention of Breast Cancer.



Alexis organised an in-house awareness lecture on Cervical and Breast Cancer for the Inner Wheel Club Members. Dr. Suraj Agrawal, Surgical Oncology along with Dr. Rajni Gupta, Gynaecologist at Alexis, shared the myths and facts about Cervical and Breast Cancer along with early detection and prevention measures. Dr. Jatinder Arora, Director Administration and Mr. Suraj Tripathi, Director Operations, participated by sharing their views on the importance of public education.



Alexis Multispeciality Hospital organised a basic health checkup camp for the employees of Perficient India, an emerging Digital Transformation Consulting Firm at IT Park, Nagpur. There was an active participation by 170 employees. The health checkup camp was followed by BP, BMI, RBS and consultation by Medical Officer.



Alexis Multispeciality Hospital organised a health checkup camp at Zulekha Group of College, Nagpur for BBA, BCCA, B.Eed & B.Com students. 139 students along with 26 teaching staff availed the Health checkup facility.



Alexis Multispeciality Hospital organised a 9-day school health checkup camp at Bhavans School, Ashti, Nagpur. 3000 students from pre-primary to 12th grade availed the benefits of health checkup. The entire team of Paediatrics & Neonatology department along with Paramedics and other clinical staff at Alexis supported the event. We thank Mrs. Vandana K Bisen, Principal, Bhavans School, Nagpur to give us the opportunity to serve the upcoming youth.



Alexis Multispeciality Hospital in association with Health India Insurance TPA Services Pvt. Ltd. organised a health checkup camp for the employees of Oriental Insurance at their premises. 53 health conscious and enthusiastic employees availed the general health and eye checkup services and consultation by Medical Officer.



Alexis Multispeciality Hospital organised a health checkup camp in the premises of Larsen & Turbo Ltd., Nagpur for their employees. 62 employees availed the facility of BP, BMI, RBS, ECG and medical officer consultation offerings at the camp.



Alexis Multispeciality Hospital participated in the Jain Dawakhana, a free multispeciality health checkup camp organised by the Jain Samaj, Nagpur. The mass availed the consultations of 12 major specialists from orthopaedics, neurology, spine, ENT, urology, pulmonology, diabetes, gynaecology, paediatric, dental and nephrology. Alexis also provided the facility of Spirometry & ECG tests, if suggested, along with regular BP, BMI, Random Sugar examinations during the camp.



Alexis Multispeciality Hospital in association with Apollo Munich Health Insurance organised a health checkup camp for the employees at their premises. 137 enthusiastic employees availed the general health checkup services and consultation by Medical Officer.



Alexis Multispeciality Hospital in association with Rani Sati Seva Samiti, Gondia organised a free multispeciality health checkup camp. The event was inaugurated by Mr. Nanabhau Padole, currently the Member of Parliament of 16th Lok Sabha along with Smt. Mamta Repade, Assistant Charity Commissioner, Gondia. They were accompanied by Mr. Ashok Ingale, President (BJP) and Mr. Kailashchandra Roongta, President, Rani Sati Seva Samiti. 483 people from the city availed specialist Orthopaedic, Cardiac, ENT, Urology, Nephrology and Diabetology consultation along with basic health checkup services.



Alexis Multispeciality Hospital organised a 4-day school health checkup camp at Mount Litera Zee School, Nagpur. A complete anthropocentric assessment along with vision test, paediatric evaluation and routine dental checkup was done for 650 plus students during the tenure of 4 days. Dr. Bhaskar Gupta, Consultant-Neonatology & Paediatrician and Dr. Shweta Bhandarkar, Associate Consultant - Neonatology & Paediatrician along with Dr. Amena Ahmed, Consultant - Dental and Regional Medical Officers participated in the camp.



Alexis Multispeciality Hospital in association with Axis Bank, Lakadganj Branch, Nagpur organised a health checkup camp for their employees at their working premises. 55 employees availed the general health checkup services and consultation by Medical Officer.



Alexis Multispeciality Hospital in association with Tanzeem Muslim Navjawaname, Nagpur organised a cardiac checkup camp. The offerings at the camp were BP, RBS, BMI and ECG. The camp witnessed a footfall of 105 people who availed a specialist cardiac consultation by Dr. Shoeb Nadeem, Consultant - Interventional Cardiology at Alexis.



Alexis Multispeciality Hospital took part in Maha Arogya Shibir, a two day free health camp organised by the Honourable Guardian Minister of Nagpur, Shri. Chandrashekhar Bawankule at Kamptee. The camp was an initiative to benefit all communities of the society, carried out under the premise - 'Rugna Seva hi Eshawar Seva hai' To support the cause, Mr. Suraj Tripathi, Director - Operations, Dr. Alankar Ramteke, Consultant - Joint Replacement Surgery, Dr. Nishant Deshpande, Consultant - Nephrology & Renal Transplant Physician, along with a team of medical officers and support staff were present at the camp to serve the public.



Alexis Multispeciality Hospital in association with SPRL Ladies Club, Nagpur organised a Multispeciality health checkup camp for the residents of Raj Nagar, Nagpur. General health checkup along with super specialist Cardiology and Mother & Child care consultation was done for approximately 310 plus members. Alexis also provided the facility of ECG tests as per suggestion along with regular BP, BMI, Random Sugar examinations during the camp.

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Alexis Multispeciality Hospital organised a soft skills development program for the staff members. The training and development program was conducted to enhance the interpersonal skills and help extend a world-class patient experience. The agenda of the session was to help them develop and put into practice innovative ways of dealing with the situations. The learning was imparted through practical team games and presentations to have a long-lasting effect.



Alexis Multispeciality Hospital in association with Fire & Safety Department of Nagpur Municipal Corporation successfully organised a Fire & Emergency Drill at the hospital premise. The mock drill was led by Mr. RR Dubey, Station In Charge along with 6 Assistant Fire officers including Mr. KR Kothe, Mr. SS Raut, Mr. Sunil Dokre. The Turn Table Ladder (TLL), 42m long fire extinguisher was used for the very first time by NMC for the drill in the hospital premises. Mr. Suraj Tripathi, Director Operations, Alexis Multispeciality Hospital, Nagpur quoted "At Alexis, we ensure that the safety comes first above all the services. It was a successful and cooperative mock."

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